

Pt. Initials: \_\_\_\_\_

Room # \_\_\_\_\_

Vital signs time: _____	Temp: _____	Pulse: _____	Resp.: _____	BP: _____	O <sub>2</sub> sat: _____	Pain: _____
Vital signs time: _____	Temp: _____	Pulse: _____	Resp.: _____	BP: _____	O <sub>2</sub> sat: _____	Pain: _____
Vital signs time: _____	Temp: _____	Pulse: _____	Resp.: _____	BP: _____	O <sub>2</sub> sat: _____	Pain: _____

NEUROLOGIC

Normal findings

Possible Abnormal findings

Level of Consciousness (LOC)	alert	lethargic obtunded stuporous comatose
Level of Orientation	x 4	not to: person place time purpose
Memory	intact	short-term loss long-term loss
Sleep	good	poor nap x _____ reason: _____
Pain	no	yes location: _____ scale (0-10/10): _____

HEENT

Head: Shape	normocephalic	asymmetrical
Hair	clean/shiny	dirty dull brittle alopecia bald
Eyebrows/lashes	present	sparse absent
Eyes: Vision	20/20	myopia (near) presbyopia (far) glasses blind R / L
Pupils	PERRLA	not equal / sluggish / non-reactive / no accommodation
Sclera	white	red yellow thickened other: _____
Conjunctiva	pink / moist	bright red pale dry exudate
Ears: Hearing	good bilaterally	hard of hearing deaf hearing aids R / L
Nose: Nares	patent bilaterally	blocked, R / L septal deviation, R / L
Mouth: Lips	moist / supple	dry cracked fissures swollen bleeding *cyanotic
Tongue	moist / papilliated	dry coated white patches
Gums/mucous membranes	moist / pink	dry pale coated bleeding white patches
Dentition	good	poor loose cavities dentures: upper/lower
Neck: Lymph nodes	not enlarged or tender	enlarged tender location: _____
Thyroid gland	non-palpable / smooth	enlarged asymmetrical nodule @ _____
Trachea	midline	deviated
Throat: Swallowing / Speech	smooth / clear	dysphagia aphasia

CARDIOVASCULAR

Pulses: Radial / Pedal	present/strong/equal	*absent weak unequal R / L
Femoral / Tibialis	present/strong/equal	*absent weak unequal R / L
Capillary Refill	normal (<3sec)	delayed @ _____ seconds
Edema	absent	present @ _____ (+1 / +2 / +3 / +4 )
Varicosities	None	Present location: _____
Heart: Apical Rhythm	regular	irregular regularly irregular (with breathing)
Strength (quality)	strong (bounding)	*weak (thready)
Normal heart sounds	S <sub>1</sub> S <sub>2</sub>	S <sub>3</sub> S <sub>4</sub> Murmur, grade _____
Pericardial friction rub	absent	*present
Telemetry	no	yes Rhythm: _____
Intravenous Fluids:	no / saline lock	yes: Solution: _____ Rate: _____ ml/hr.
IV Site location/appearance	clear	Location: _____ *edema *erythema *pain

RESPIRATORY

Respirations (rhythm/depth)	even / regular	irregular deep shallow
Respiratory effort (quality)	unlabored	*labored dyspnea SOB retractions accessory muscles
Chest: Shape (AP diameter)	normal (AP<transverse)	asymmetrical barrel (AP=transverse) pigeon (sunk-in)
Palpation: Tactile Fremitus (99 or 1-1-1)	palpable vibrations	increased decreased absent
Expansion	symmetrical	unilaterally decreased delayed
Percussion	resonant	hyper-resonate dull flat tympanic
Lung Sounds (anterior & posterior)	clear all lobes	diminished (location): _____
*Adventitious sounds	none	wheeze (location): _____ on insp. / exp.
		fine crackles (location): _____ on insp. / exp.
		coarse crackles (location): _____ on insp. / exp.
Cough	none	dry (non-productive) hacking spasms
		wet (productive): sputum color & amt. _____
Oxygen therapy	N/A	O <sub>2</sub> @ _____ L/min. per NC mask tent PRN

## GASTROINTESTINAL

Abdomen: shape  
bowel sounds  
percussion  
palpation

Appetite:

Fluid Intake:

Nasogastric tube:  
suction

Bowel movement:  
description  
ostomy

## GENITOURINARY

Urine: color & clarity  
quantity

**\* complains of:**

Bladder palpation

Kidneys (CVA pain)

Foley catheter / condom catheter

Urostomy

## MUSCULOSKELETAL

Muscle tone

Muscle strength: Hand Grips/Foot pushes

Range of Motion (ROM)

Joint palpation

Spine: inspection

Palpation

Gait

Activity tolerance

Use of assistance devices

Treatment: Cast / traction

CMS checks

Amputation

## SKIN

Skin: Color  
Temperature  
Turgor  
Appearance / Integrity

Fingernails & Toenails

Wound : Location  
Dressing  
Appearance

## Health Promotion (ask if they do and document any self-findings, offer a hand-out if any questions)

Breast self-exam findings

Testicular self-exam findings

## PSYCHOSOCIAL

Behavior

Mood

Restraints

Language spoken

Family

## Normal findings

round / flat  
active x 4 / borborygmi  
tympanic  
soft / non-tender  
good  
quantity sufficient  
N/A  
N/A  
yes / normal  
soft / brown  
N/A

yellow / clear  
sufficient (>60mL/hr.)  
N/A  
flat / non-tender  
no  
N/A  
N/A

good  
strong  
full  
flexible / not enlarged  
normal curvature  
non-tender  
steady  
well  
none  
N/A  
N/A  
none

normal for ethnicity  
warm / dry  
good  
clear / intact

present / normal  
N/A  
dry / intact  
new granular growth

smooth / non-tender  
smooth / non-tender

cooperative  
pleasant  
N/A  
English  
present

## Possible Abnormal findings

scaphoid protuberant distended  
hypo / hyper / **\*absent** @ RLQ / RUQ / LUQ / LLQ  
dull flat fluid wave ascites  
rigid tender @ RLQ / RUQ / LUQ / LLQ  
poor nausea emesis x \_\_\_\_ color: \_\_\_\_\_  
poor limited fluid restriction of \_\_\_\_ mL/hr.  
location: R / L nares patent **\*non-patent**  
Color of drainage: \_\_\_\_\_  
no LBM: \_\_\_\_\_ flatus  
hard/pellets/pencil-thin/liquid/ incont. x \_\_\_\_ color: \_\_\_\_\_  
location / appearance: \_\_\_\_\_

dk. amber bloody cloudy sediment visible odiferous  
decreased **\*<30mL/hr.** incontinent x \_\_\_\_  
burning frequency retention  
distended tender  
**\*yes** R / L  
patent (draining) **\*non-patent (not draining)**  
location R / L appearance: \_\_\_\_\_

poor (flaccid) paralyzed / contractures R / L  
weak R / L absent R / L  
limited (location): \_\_\_\_\_  
rigid crepitus enlarged deformed tender red swollen  
kyphosis lordosis scoliosis  
tender spasm sciatica pain  
unsteady propelling ataxia  
frequent rests  
cane quad cane walker wheelchair crutch  
location: \_\_\_\_\_ elevated: Yes / No #wt. \_\_\_\_\_  
good **\*poor**  
yes (location): \_\_\_\_\_

pale jaundiced **\*cyanotic** mottled  
hot cool cold moist **\*diaphoretic**  
poor (tenting)  
**\*open lesion/s:** \_\_\_\_\_  
**\*bruising:** \_\_\_\_\_ **\*rash:** \_\_\_\_\_  
absent yellow thick brittle cyanotic R / L  
yes: \_\_\_\_\_  
not intact drainage color: \_\_\_\_\_ dsg. changed  
measurements: \_\_\_\_\_

nodules tender dimpling puckering nipple dc.  
hard lump knot R / L

uncooperative confused other: \_\_\_\_\_  
withdrawn seclusive **\*combative** other: \_\_\_\_\_  
type: \_\_\_\_\_ R / L released every 2 hrs.  
Spanish Hmong other: \_\_\_\_\_  
not present estranged

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Initial

\_\_\_\_\_  
Date

**\* Team Leader or Nursing Instructor notified of findings**

Revised by J.Richards, NP 8/2020 ©