

Course Student Learning Outcome #1, Competencies:

f. Monitor at a basic level patient outcomes, including interpretation of assessment data and appropriate follow-up, to evaluate the effectiveness of nursing interventions. **NOTE: This should be at a higher level than "basic" – should probably say just, "Monitors patient outcomes, including interpretation of assessment data and appropriate follow-up, to evaluate the effectiveness of nursing interventions for acute medical/surgical patients and the childbearing family."**

Tool: Monitoring Outcomes of Care Related to Pain Control

Assess and record the following:

Characteristics of the pain:

Location

Duration

Quantity – use a scale of 0 to 10 or the faces pain scale

Quality

Chronology (how does the pain develop & progress?)

Aggravating factors – What makes it worse?

Alleviating factors – What helps it go away?

Associated phenomena – Anything that occurs at the time of the pain such as eating, activity, etc.

Physiologic responses:

Vital signs

Skin color

Perspiration

Pupil size

Nausea

Muscle tension

Anxiety

Behavioral responses:

Posture, gross motor activities

Facial features

Verbal expressions

Affective responses:

Anxiety

Depression

Pattern of interacting with others when the pain is present

Degree to which pain interferes with ADLs/life

Perception of pain and meaning to the patient

Adaptive mechanisms used to cope with the pain

Outcomes

Now locate the pain assessment scale at the hospital. Insert the information collected above into that tool.

Rubric for Monitoring Outcomes of Care Related to Pain Control

Performance Level	S	NI	U
Accurately assesses and interprets the patient's pain.	Accurately collects and interprets the patient's pain.	Able to collect and interpret some of the information about the patient's pain.	Unable to accurately collect and interpret the patient's pain.
Completes the pain assessment tool.	Able to insert information into the pain assessment tool completely and accurately.	Able to correctly insert some, but not all information, into the pain assessment tool.	Unable to insert information into the pain assessment tool completely and accurately.