

# SPRING 2026 EVENTS & WORKSHOPS

## What is a Healthy Relationship?

Thursday, March 26, from 11:00 am - 12:00 pm @ LRC 156 | Zoom Meeting 86514503636

Explore the elements of respectful, positive relationships. Engage in fun activities to learn how to spot red flags, set boundaries, and communicate your needs and desires in relationships. Get educated about resources for help for yourself or a loved one.

## SAAM Crash Course + Clothesline Project Shirt Decorating

Wednesday, April 1, from 1:00 pm - 2:00 pm @ The Hub

April is Sexual Assault Awareness Month (SAAM). Join us for an introductory session to learn about the history of SAAM and how you can engage with prevention efforts all month long. Decorate t-shirts to break the silence surrounding sexual violence. Shirts will be displayed on campus all month long.

## "We Will Rise" Pop-up Activity Fair

Wednesday, April 8, from 10:30 am to 1:00 pm @ The Quad

Takeover the quad to show support for survivors and allies! Tote bag & button making, free stickers and art prints, interactive booths.

## How To Intervene When Someone Is Being Creepy

Wednesday, April 8, from 3:00 pm - 4:00 pm @ The Hub | Presented by RVCC

Ever find yourself witnessing someone engaging in ways that make your stomach feel uneasy? Like not taking no for an answer, humiliating their partner, or engaging in stalking behaviors? It's not easy to know what to do in those moments. That's where our workshop comes in. We'll give you the tools to intervene when you witness sexual violence, dating violence, and stalking and create a more consent-centered campus community.

## Bystander Intervention Skills

Tuesday, April 14, from 11:00 am - 12:00 pm @ LRC 156 | Zoom Meeting 86514503636

Learn to recognize signs of sexual violence and gain practical skills to safely support your peers in potentially harmful situations. Empower yourself to help prevent sexual violence before it starts.

## Denim Day on the Quad

Wednesday, April 22, from 11:00 am - 1:00 pm @ The Quad

Join the RSVP Program to commemorate Denim Day, a global movement to protest victim-blaming and stand in solidarity with survivors of sexual assault. Experience our Clothesline Project, a visual tribute to resilience. Don't forget to wear your denim!



For more information about the RSVP Program, contact  
209-384-6146 | [rsvp.program@mccd.edu](mailto:rsvp.program@mccd.edu)

To access supportive services for survivors of sexual violence, contact Valley Crisis Center  
24/7 hotline at 209-725-7900

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