

Merced College  
Community Education



# The Catalyst

FALL 2024

(209)384-6224  
630 W. 19th St.  
Merced, CA 95340  
[www.mccd.edu](http://www.mccd.edu)



MERCED  
COLLEGE  
COMMUNITY EDUCATION



# MERCED COLLEGE

## COMMUNITY EDUCATION

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### *About Us*

Merced College's Community Education department provides professional and personal development classes as well as career training programs.

College credit is not given for classes conducted by the Community Education department. There are no transcripts or grades.

Community Education is a self-supporting entity of the college and is a self-funding program. If you have a special interest or particular need for a class, please send us your suggestion.

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### MERCED COLLEGE FALL 2024 HOLIDAYS

*Offices are closed on the following dates.*

September 2nd, 2024

November 11th, 2024

November 28th - 29th, 2024

December 25th - January 1st, 2024

### 3 EASY WAYS TO REGISTER!

**Online:** go to <https://merced.augusoft.net/>  
Easy and secure (Visa/Mastercard only)\*

**CALL:** (209) 384-6224 using Debit/Credit  
(Visa/Mastercard only)

\* Monday thru Friday, 8am – 5pm

**VISIT:** the Business Resource Center at  
630 W. 19th Street in Merced (M St./19th St.)  
Monday-Friday from 8:00 a.m. – 5:00 p.m. to  
register using Debit/Credit (Visa/Mastercard  
only) or exact cash\*

*\*We no longer accept personal checks*

**We are happy to invoice firms and agencies for  
your class fee if being sponsored by such an  
agency.**

### CLASS REFUND POLICY

Community Education realizes that extenuating circumstances do arise. If you need to cancel an enrollment, please contact our office at least 7 days prior to the start date. Once an offering begins, fees become nonrefundable. Cash payments will be refunded by check and will arrive via mail. Credit card payments will be refunded as a credit back to the same card that was used. Refunds take approximately 4-6 weeks to process.

### SCHOOL INITIATED CANCELLATION

Community Education reserves the right to cancel any class. Full refunds are automatically granted if a class is cancelled by our office. Occasionally there may be adjustments to the schedule for a class due to college facilities usage. We will notify participants of any of these changes as quickly as possible. Thank you in advance for your understanding.

*If you have a disability and require special accommodations, please notify our office at least two weeks in advance of the class/trip start date so that we can make the appropriate arrangements to accommodate your request.*

**For the most up-to-date course information please visit [merced.augusoft.net](https://merced.augusoft.net)**

# HEALTH, FITNESS, & RECREATION

## YOGA

Are you looking for a workout program that's easy to learn, requires little or no equipment, and soothes your soul while toning your body? If strengthening your cardiovascular system, toning and stretching your muscles, and improving your mental fitness are on your to-do list, this is the class for you.

**DATES:** *Tuesdays & Thursdays*

Session 1: August 27 - October 17, 2024

Session 2: October 22 - December 12, 2024

- (No class 11/28/24)

**TIME:** 4:30 p.m. - 5:30 p.m.

**INSTRUCTOR:** Tracy Decker

**LOCATION:** Merced College, Field House Rm A



**COST: \$60 per session**

(\$10 discount for past participants or if you register for both sessions at once)

## LAP SWIM



**COST PER MONTH:**

**\$25** August, September,  
October, November

**\$20** December

Swimming is one of the best forms of exercise. Enjoy open lap swim at the Merced College Pool at any of the three time slots.

**\*DATES:** *Mondays, Wednesdays, & Fridays*

August 5 - August 30, 2024

September 4 - September 30, 2024 (No lap swim 9/2)

October 2 - October 30, 2024

November 1 - November 27, 2024 (No lap swim 11/29)

December 2 - December 13, 2024

**TIME:** 5:30 a.m. - 6:30 a.m., 12:00 p.m. - 1:00 p.m.,  
and 5:00 p.m. - 6:00 p.m.

**LOCATION:** Merced College Pool

\* Subject to occasional cancellations based on Merced College aquatics schedules or weather conditions. In such events, Community Education strives to provide notice to all participants via email in order for participants to make arrangements to swim during other open time slots throughout the week.



# HEALTH, FITNESS, & RECREATION

## FUNDAMENTALS OF FITNESS

This course focuses on the five key metrics: steps, sleep, nutrition, training, and biometrics. Each session begins with a brief 10 to 15-minute mini-lecture, followed by an hour and 15-minute workout session.

This course fosters an encouraging and inclusive environment, featuring group challenges, leaderboards, and other activities that support your fitness journey. By the end, you'll have developed the habits, knowledge, and community support needed to seamlessly integrate fitness into your daily life, setting you up for long-term success.

**DATES:** *To be determined*

**TIME:** *To be determined*

**INSTRUCTOR:** Josh Amral

**LOCATION:** Merced College



**COST:**

## PERSONAL INTEREST

## DRESS FOR SUCCESS

This personal branding and dress-for-success course will emphasize the importance of defining a personal and professional brand - with a review of business dress, business casual dress, and casual dress.

Learn to choose the right look for the right job!

**DATES:** *Saturdays*

Session 1: September 14, 2024

Session 2: October 12, 2024

**TIME:** 12pm - 2pm

**INSTRUCTOR:** Sissiley Childers

**LOCATION:** Business Resource Center  
630 W 19th Street Rm 121



**COST: \$20 per session**

# PERSONAL INTEREST CHOCOLATE CREATIONS

Learn the art of crafting exquisite treats as you are guided through the process of creating captivating cocoa bombs, charming chocolate covered pretzels, irresistible cake pops, and much more! You'll also discover the art of decorating and packaging your creations, turning them into impressive gifts and party favors that capture the essence of each holiday theme.

**DATES:** *Fridays*

October 25, 2024

November 22, 2024

December 13, 2024

**TIME:** 6pm – 8pm

**INSTRUCTOR:** Donna Ponce

**LOCATION:** Business Resource Center

630 W 19th Street Rm 128



**COST:** \$50 per class

# PROFESSIONAL CERTIFICATES BE A NOTARY PUBLIC

Sign up to learn how to perform valuable services by certifying or witnessing signatures on official documents, \$15 per signature in 2021. Notary skills are valuable in almost any industry: real estate, legal, medical, and banking to name just a few. This six-hour state-approved seminar gives you the knowledge to pass the exam and practice as an effective Notary. Participants receive 2 practice tests and take the official Notary exam directly following the seminar. You must be present for the entire course of instruction and be at least 18 years of age.

**Bring to class:** 1) A \$40 check made payable to "Secretary of State"; 2) Proper identification - current driver's license or state issued ID card; 3) Two #2 pencils; 4) 2"x2" passport size color photo. Live Scan fingerprints will be required after you pass the exam. Serious Convictions may disqualify applicants.

**DATES:** *To be determined*

**TIME:** *To be determined*

**LOCATION:**

**COST:**



# PROFESSIONAL CERTIFICATES

## RENEW YOUR NOTARY PUBLIC COMMISSION

This Secretary of State approved class will prepare you to take the Notary exam again by reviewing all relevant Notary law. You will take the official notary exam directly following the class. Renewing Notaries must have current commission to be eligible for this three-hour Notary Seminar.

**Bring to class:** 1) A \$40 check made payable to "Secretary of State"; 2) Proper identification - current driver's license or state issued ID card; 3) Two #2 pencils; 4) 2"x2" passport size color photo. Live Scan fingerprints will be required after you pass the exam. Serious Convictions may disqualify applicants.

**DATES:** To be determined

**TIME:** To be determined

**LOCATION:**

**COST:**



## BECOME A LOAN SIGNING AGENT

Make the most out of your notary commission by becoming a certified Loan Signing Agent. Our livestream seminar will teach you how to notarize loan documents and give you a simple strategy to launch your new business. Students are eligible to access our private Facebook page to ask questions, watch webinars, and receive updates. All you need is your smartphone to join. A certificate is awarded upon completion of the course.

**Prerequisite:** You must be a Notary or have completed the "Become a Notary Public" seminar.

**Topics include:**

- How to notarize a loan package
- The dos and don'ts of the profession
- What to discuss with your clients
- How to develop your own business

**DATES:** To be determined

**TIME:** To be determined

**LOCATION:**

**COST:**



# ONLINE LEARNING

Merced College Community Education has partnered with instructors from Ed2Go and CareerStep to help students like you train for a rewarding new career.

These career training programs are not-for-credit and are not part of Merced College's accredited courses and programs. Most of the programs prepare you to take nationally accredited exams.

Programs available through this partnership include everything from Computer Science to Construction and trades. Whether you are looking to enhance your current skills or learn something new, chances are we have a program for you!



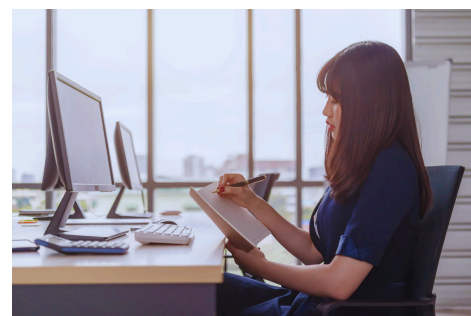
Find additional information on  
career training at  
<https://careertraining.mccd.edu/>

- Medical Billing and Coding
- Pharmacy Technician
- Certified Administrative Professional
- Digital Marketing Strategist
- Certified Residential Interior Designer
- AND MORE!



Find additional information on  
CareerStep programs at  
[careerstep.com/lp/partner/ap/mccd/](https://careerstep.com/lp/partner/ap/mccd/)

- Physical Therapy Aide
- Patient Care Technician
- Veterinary Assistant
- EKG Technician
- Dental Assistant
- AND MORE!





# COLLETTE VACATIONS & TOURS



## TOURS COMING SOON!

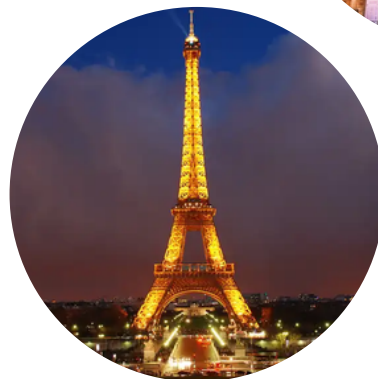
### Benefits of Traveling with Collette:

- Guided Travel
- Easy and Convenient Booking
- Expert Tour Managers
- Private Airport Transfers
- Immersive Cultural Experiences
- All the Iconic Must-Sees
- Authentic Culinary Experiences

### Tours Available Internationally:

- Central/South America
- Europe
- South Pacific
- Africa
- North America
- Asia

**\*If there is a particular destination that interests you please email [communityed@mccd.edu](mailto:communityed@mccd.edu) and we can schedule a tour!**



# PROFESSIONAL DEVELOPMENT TRAINING

The Merced College Business Resource Center provides local employers, community organizations, and residents with customized training to enhance their skills in the workplace. Join us for the nationally recognized Customer Service Academy, develop your leaders with our Emerging Leaders Institute, and equip your staff with greater resilience through our new program, the Well-Being Institute.



## **CUSTOMER SERVICE ACADEMY**

- Communication in the Workplace
- Customer Service
- Team Building
- Foundations of Well-Being in the Workplace
- Values and Ethics
- Stress Management
- Time Management
- Conflict Resolution
- Unconscious Bias Reduction in the Workplace & Community
- Attitude in the Workplace



## **EMERGING LEADERS INSTITUTE**

- Employee Engagement
- Leadership Essentials
- Leading with Strengths
- Values & Ethics
- Generational Diversity
- The Challenges of Leadership
- Emotional Intelligence
- Authentic Leadership



## **THE WELL-BEING INSTITUTE**

- Fuel Your Body for Success
- Building Resilience
- Foundations of Well-Being in the Workplace
- The Science of Happiness
- Finding Your Purpose - Leading with Strengths

***Click on each program title to learn more.***

Select the individual courses that best meet your needs and earn a Certificate of Recognition! Each course is only \$23 and earns a 1/2 unit of college credit!

**For more information or for customized training contact:  
Dorota Mimms at [dorota.mimms@mccd.edu](mailto:dorota.mimms@mccd.edu) or  
Tiffany Day at [tiffany.day@mccd.edu](mailto:tiffany.day@mccd.edu)**

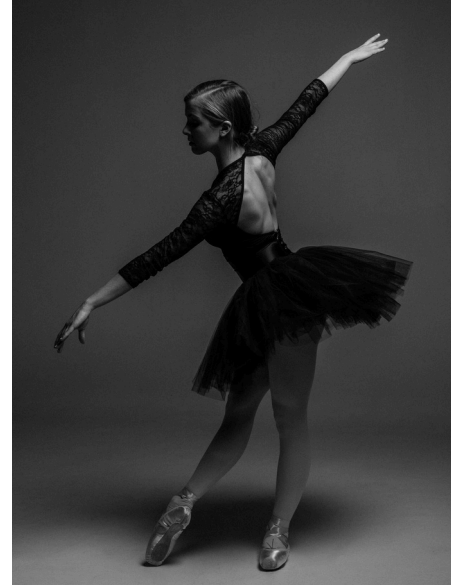
# COMING SOON

## KALEIDOSCOPE

Join us for performances by Denisa's School of Dance, Merced Academy of Dance, South Pacific Dance Company, STEPS Dance Studio, and the Mariposa Academy of Dance.

Proceeds help to provide scholarships for dance students entering Merced College or 4-year colleges and universities as well as providing theater-related improvements or equipment purchases for the Merced College Theater.

***Kaleidoscope - January 2024***



## PARKING ON MERCED COLLEGE CAMPUS

Parking on our Merced College campus is by permit only; valid in general parking areas. View a **Merced College map** to see parking lot locations P1-P12.

Day passes may be purchased from Ticket Dispensers for \$2.00 a day. Semester Passes can be purchased from the Merced College website on the **buy a parking permit** page.

**FOR CLASSES HELD AT THE MERCED COLLEGE BUSINESS RESOURCE CENTER, PARKING PERMITS ARE NOT REQUIRED AS LONG AS YOU ADHERE TO LOCAL PARKING SIGNS IN THE SURROUNDING AREA AND PERMIT DESIGNATED PARKING IN THE M STREET PARKING GARAGE.**



# Merced College Community Education

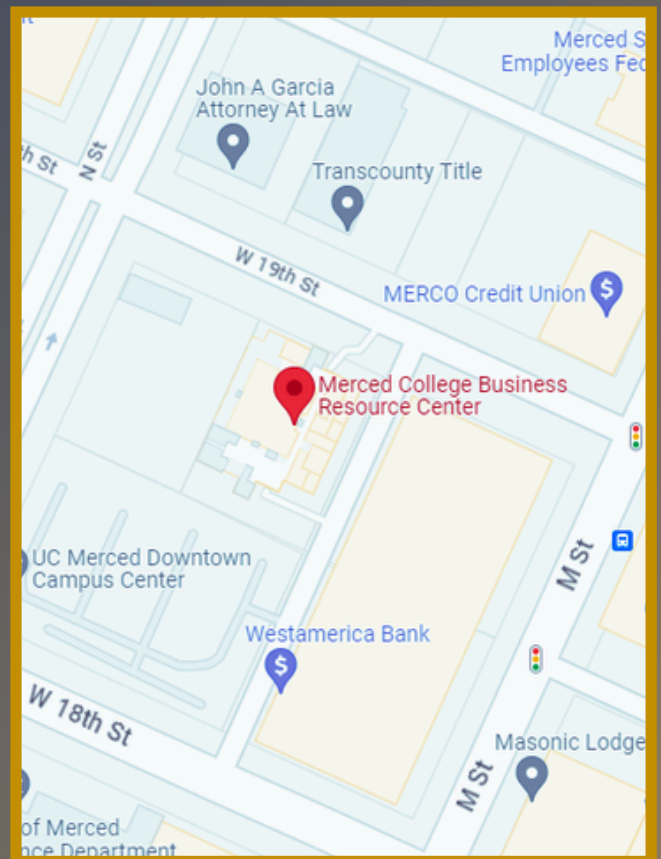


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