

Estimate Your Costs



Looking to budget your dental costs? Try the Cost Estimator. This feature of Delta Dental's online account gives you a personalized estimate of how much you'll pay for your next dentist visit.

Whether you're getting braces or need a cavity filled, you'll choose from the most common dental services, described in everyday language. The Cost Estimator organizes information logically, so you don't need to be concerned whether your treatment involves multiple procedure codes or visits.

Advantages

- **Easy to use.** Questions guide you through the process, letting you add services to your visit, like getting x-rays or a cleaning alongside your dental exam.
- **Based on real data.** Your cost estimate is calculated from actual claims Delta Dental has processed, updated daily.
- **Personalized.** You'll get a customized cost based on your actual benefits, taking into account any maximums and remaining deductible.
- **Available on desktop and mobile.** Get an estimate on your computer, tablet or phone.

Features

- **Change your dentist.** Want to know if you'd save by switching to another dentist? Test it out by comparing up to five dentists.
- **Personalize your procedure.** Specify which tooth is being treated, the type of filling you need or whether you're going to a specialist. The price will be calculated accordingly.
- **Keep track of your benefits.** A handy sidebar shows the current status of any deductibles and annual and lifetime maximums.



Try it out

Ready to get an estimate?

1. Log in to your account at **deltadentalins.com**.
(If you don't have one yet, click on **Register**.)
2. Click on the **Cost Estimator** link by your name.

How to navigate

Start by selecting the service you need. As you explore, you can answer additional questions (like "Which tooth?" or "Are you a new patient?") to further customize your results. If you've been using your dental benefits, your current dentist will show up by default, but if you want to see other options, just click on **Select dentists to compare**. Whenever you're ready, click **See cost**.

The screenshot shows the 'I need a filling' page. At the top, there's a header with the title 'I need a filling' and a date 'on October 24, 2018' for 'John Smith' with 'Delta Dental PPO'. Below this, there are two main sections: 'Current Benefits' and 'About This Visit'. The 'Current Benefits' section shows 'Calendar Individual Maximum \$1639.10 of \$2000.00 available' and 'Lifetime Individual Maximum \$1800.00 of \$1800.00 available'. The 'About This Visit' section states 'Includes a typical silver-colored filling for a back tooth. Consult your dentist for actual treatment and diagnosis.' Below these are two dentist options. The first is 'Mike Jones, General Dentist Out-of-Network' with a 'Typical cost of a filling at your dentist' of '\$17.80 out-of-pocket'. The second is 'Jane Smith, General Dentist In-Network' with a 'Typical cost of a filling at nearby dentists in your network' of '\$7.50 out-of-pocket'. At the bottom, there's a breakdown of costs: '\$285.00 Typical Submitted Fees*', '-\$210.00 Network Savings', '-\$67.50 Delta Dental Pays', and '= \$7.50 You Pay'. Callout boxes provide instructions: 'Click on I need to go back to the full list of procedures.', 'Looking for a procedure not listed? Scroll to the bottom of the page for a link to a longer list.', 'Can't find what you're looking for? Try the Delta Dental Plans Association Cost Estimator to find more procedures. Although you won't be able to find your specific costs based on your level of benefits, you will be able to find the average dentists fees for that procedure in your area.', 'Clicking on Explain cost details will expand the breakdown of how your estimate was calculated.', 'To change the dentists shown, click on Change compared dentists. Select your options, then click on Show cost.', and 'The benefits sidebar will show the current status of your maximums and deductibles, if applicable.' and 'This section summarizes the type of visit or procedure selected.'

Our Delta Dental enterprise includes these companies in these states: Delta Dental of California — CA, Delta Dental of the District of Columbia — DC, Delta Dental of Pennsylvania — PA & MD, Delta Dental of West Virginia, Inc. — WV, Delta Dental of Delaware, Inc. — DE, Delta Dental of New York, Inc. — NY, Delta Dental Insurance Company — AL, DC, FL, GA, LA, MS, MT, NV, TX and UT. These enterprise companies are members, or affiliates of members, of the Delta Dental Plans Association, a network of 39 Delta Dental companies that together provide dental coverage to 78 million people in the U.S. The website deltadentalins.com is the home of the Delta Dental companies listed above. For other Delta Dental companies, visit the Delta Dental Plans Association website at deltadental.com.

Delta Dental PPO™ is underwritten by Delta Dental Insurance Company in AL, DC, FL, GA, LA, MS, MT, NV and UT and by not-for-profit dental service companies in these states: CA - Delta Dental of California; PA, MD - Delta Dental of Pennsylvania; NY - Delta Dental of New York, Inc.; DE - Delta Dental of Delaware, Inc.; WV - Delta Dental of West Virginia, Inc. In Texas, Delta Dental Insurance Company provides a dental provider organization (DPO) plan.

Boost Your Dental Know-How



Packed with informative articles, fun facts and tasty recipes, *Grin!* e-magazine is the perfect way to boost your dental health IQ. Sign up, and you'll get a new issue delivered by email every season. **Here are five great reasons to sign up.**

- 1 Get dental advice on reader-submitted questions.
- 2 Expand your cooking options with tooth-friendly recipes.
- 3 Learn historical tidbits about the oral health of yesteryear.
- 4 Rack up an impressive store of dental trivia to wow your friends.
- 5 Empower yourself with information on dental conditions.



Check it out!
deltadentalins.com/grin



We keep you smiling®
deltadentalins.com/enrollees

Where's My ID Card?



If you've been looking for your dental plan ID card, we have good news for you: **You don't need one!**

Just tell your dental office the **Delta Dental company** through which you receive benefits and provide your **name**, your **date of birth**, your **enrollee ID number** (or Social Security number) and the **name of your employer**.

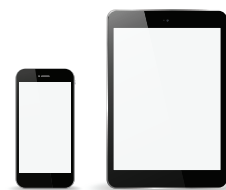
Got dependents on your plan? Tell them to provide your details.

Want an ID card anyway?



Print one from your computer

- Go to deltadentalins.com
- Log in to your online account > Click on **Print ID Card** > Print



Pull it up on your smartphone




- Download the **Delta Dental** app (by the Delta Dental Plans Association) from the App Store or Google Play
- Log in > Select **My ID card**



Set your sights on even more value

Think you'd never be able to afford LASIK eye surgery? Now it may be within reach. Why? Because Delta Dental¹ has selected QualSight² to offer you access to discounts on LASIK services. Through QualSight, you can save 40-50% off the national average price of Traditional LASIK³ along with big savings on Custom and Custom Bladeless LASIK procedures!

See it to believe it. QualSight can help you find the right vision solution.

<p>Extra savings</p>  <p>You get preferred pricing on LASIK through QualSight providers across the nation. Plus, pre- and postoperative visits are included, along with a one-year assurance plan.</p>	<p>Expert surgeons</p>  <p>There's no need to fear — QualSight's network is built with credentialed laser eye surgeons who have collectively performed more than 6.5 million procedures.⁴</p>	<p>Expansive choice</p>  <p>With more than 1,000 LASIK locations⁴, you can choose the physician with the experience, reputation and technology your vision correction requires.</p>
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Ready. Set. Save. It only takes three simple steps to take advantage of these savings.

1. Get ready.

Give a QualSight care manager a call at 1-855-248-2020.

2. Get set.

A care manager will explain the program and answer any questions.

3. Save!

Pick a physician and pay a discounted price for LASIK services.

To learn more about the LASIK discounts, visit www.qualsight.com/-delta-dental.

¹ Delta Dental of California, Delta Dental Insurance Company, Delta Dental of Pennsylvania, Delta Dental of New York, Inc. and our affiliated enterprise companies.

² The Vision Corrective Services are not an insured benefit. Delta Dental makes the Vision Corrective Services program available to enrollees to provide access to the preferred pricing for LASIK surgery.

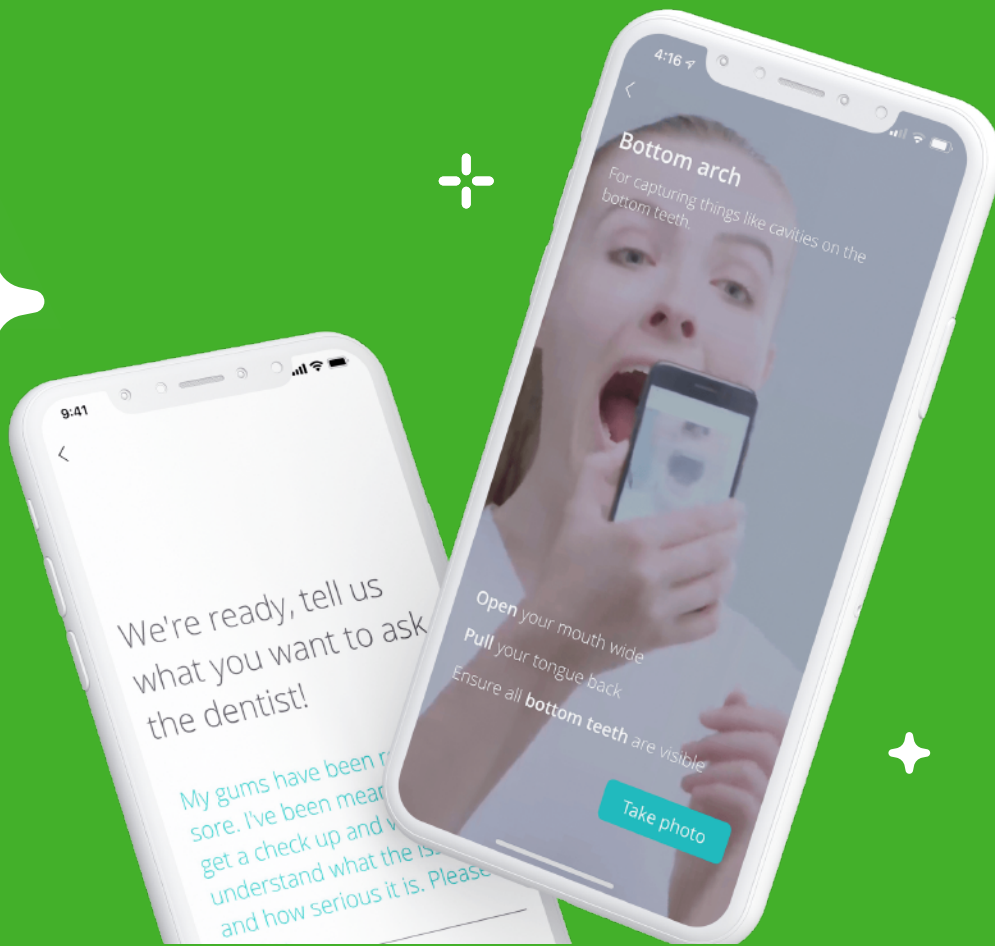
³ Refractive Quarterly Update, Market Scope LLC, November 2018. Discounts or savings may vary by provider.

⁴ QualSight provider file, February 2019

Meet Toothpic

A new photo-based teledentistry app for PPO™ and Premier® plan members

Toothpic is an innovative app that offers virtual dental screenings for non-urgent issues from a Delta Dental PPO dentist – right from your smartphone, in under 24 hours. Delta Dental¹ has partnered with Toothpic to provide virtual assessments from in-network dentists as a covered benefit for PPO and Premier plan members.



How it works



STEP 1

Delta Dental will provide members a registration link to download the Toothpic app.



STEP 2

Members answer a few questions about their oral health history and reason for visit.



STEP 3

The app guides members to take 6 photos of their teeth, gums and areas of concern.



STEP 4

Members' case and photos are sent securely through the HIPAA-compliant app to the nearest available Delta Dental dentist.

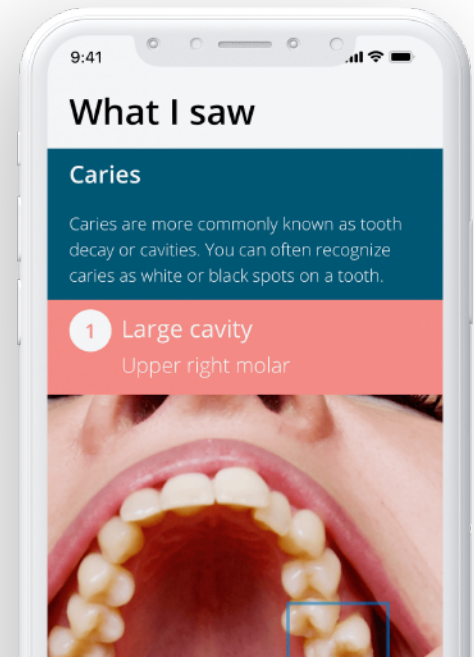


STEP 5

In under 24 hours, members receive a personalized diagnostic report on their results!



Every issue detected is explained and marked on the photos, with severity, treatment options, and in-app access to Delta Dental's provider directory for follow-up care.





Keep your employees healthy with greater access to quality dental care

Toothpic gives your employees a fast and easy way to check on dental concerns. This helps them save time, minimizes absenteeism, and keeps employees safe from unnecessary exposure. Toothpic can be a great way to encourage your employees to use their benefits, which could lead to healthier outcomes.

Your employees can:

- ✓ Receive a **fast and easy dental screening** without an appointment, even when the dentist office is closed – **from anywhere in the US.**
- ✓ **Address non-emergency dental issues** to understand the severity of an issue and get treatment options.
- ✓ **Save time** and experience the convenience of getting a dental checkup without leaving the comfort of their home, especially if their dentist is far away or there's a limited number in their area.
- ✓ Take the first step in getting care for members who don't see a dentist regularly, and proactively **get ahead of issues before it worsens.**

Here's what else you need to know:

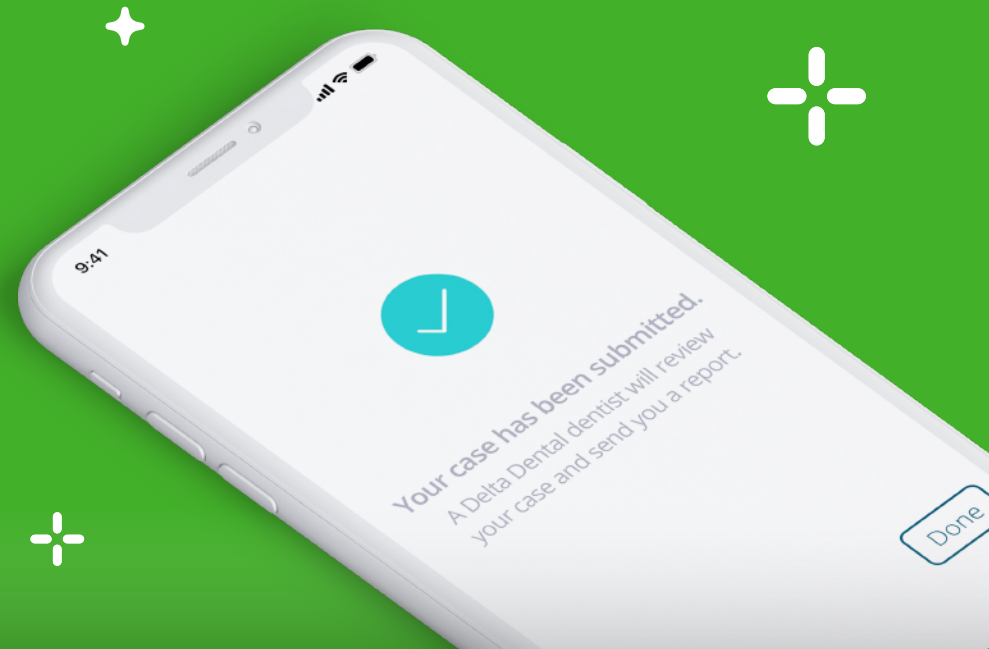
- ✓ There are no plan design changes or new contracts for you to sign.
- ✓ There are no additional fees for your group to pay.
- ✓ A virtual dental screening is covered as a diagnostic exam and will count towards diagnostic exam frequency limitations.
- ✓ Toothpic's app is HIPAA-compliant, and all health information stored and sent through the app is encrypted, safe and secure.



Available Now!

Visit deltadental.toothpic.com

Delta Dental will provide optional marketing resources to give you an easy way to create awareness with your employees, which we encourage. Your Account Manager will reach out with more information soon.



1. Dental of California, Delta Dental of New York, Inc., Delta Dental of Pennsylvania, Delta Dental Insurance Company and affiliated companies. Delta Dental is a registered trademark of Delta Dental Plans Association.

2. Deductibles, annual maximums, co-insurance and frequency limitations apply. A Toothpic virtual dental screening will count as one of the diagnostic exams. Most plans cover two diagnostic exams per year.

Connect with a dentist from home with Toothpic!

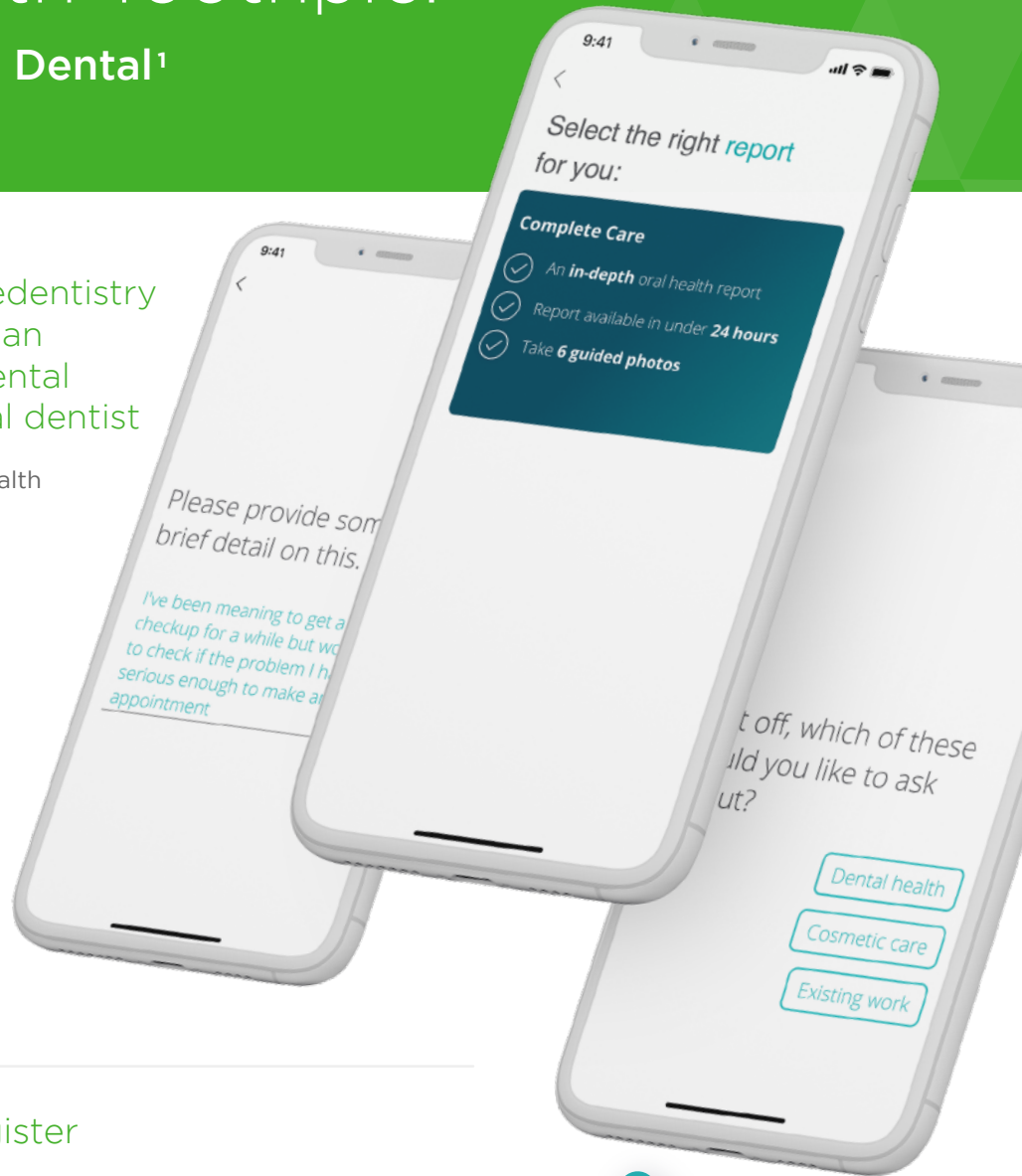
Brought to you by Delta Dental¹

Toothpic is a photo-based teledentistry app for PPO™ and Premier® plan members that offers virtual dental screenings from a Delta Dental dentist

Answer a few questions about your oral health and take photos of your mouth from your smartphone.

Receive a personalized dental report in under 24 hours, including:

- ✓ A diagnostic screening from a Delta Dental dentist²
- ✓ A review of your photos with issues marked for concern
- ✓ Care and treatment recommendations and access to Delta Dental's provider directory for continued care



How to register

- 1 Scan this QR code with your smartphone or visit deltadental.toothpic.com
- 2 Click on Register Now to create an account and download Toothpic
- 3 Open Toothpic and log in to your account to get started!



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Virtual Consult



Delta Dental – Virtual Consult:

Use your benefits to see a dentist online

A new virtual dentistry tool for members is here. Say hello to Delta Dental – Virtual Consult.

Virtual Consult connects Delta Dental members and dentists for real-time video appointments. It's totally secure and HIPAA-compliant, and it's available for free¹ with your existing Delta Dental PPO™ or Delta Dental Premier® plan².

When you have an urgent issue, even if it's after hours³, Virtual Consult makes getting a dentist's advice simple. Even if you don't have a dentist that you see regularly, Virtual Consult makes urgent care, e-prescriptions and check-ins with Delta Dental dentists accessible from the comfort of your own home.

Virtual Consult is great if you...

- Are experiencing an urgent dental issue
- Don't have a regular dentist
- Can't take time off work or have difficulty visiting the dentist's office
- Aren't feeling well or visiting the dentist's office isn't recommended



deltadentalins.com



Virtual Consult



What can I do with Virtual Consult?

With Virtual Consult, you can:

- **Get urgent dental care** for issues such as pain or pressure, bumps or swelling, cuts or lesions, chipped teeth and bleeding. You can even **get e-prescriptions** for pain or infections sent directly to the pharmacy of your choice.
- **Have a live video consultation** with a Delta Dental dentist from the comfort of **your own home** or anywhere you have a camera and internet-equipped computer.
- **Get follow-up instructions sent to you** and visit summaries and histories **made available for your regular dentist**. Your medical information and visit history will also be stored in your secure profile for any future visits.

Ready to get started?

Visit <https://www1.deltadentalins.com/virtual-consult> for more information and to learn how to download and use Virtual Consult. For best results, please use Chrome as your browser and close any VPN or firewall connections before your appointments.

¹ Members who have 100% coverage for oral evaluations and who have not exceeded their frequency limitations for office visits or limited oral evaluations are eligible to use Virtual Consult. There are no additional costs to use the platform.

² Delta Dental PPO and Delta Dental Premier are open networks that allow you to visit any licensed dentist, either in the PPO network, where you will save the most on out-of-pocket costs, or the moderate cost Premier network. Outside the Delta Dental network, there are no cost protections. Members who visit a network dentist receive the advantages of no billing beyond the charges allowed by the plan and the submission of claims by dentists. In Texas, Delta Dental Insurance Company provides a dental provider organization (DPO) plan.

³ Please note that availability of Virtual Consult providers may vary based upon state and appointments are subject to schedule availability.

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