

Keep Me Home If...

I'm vomiting



Two or more times in 24 hours.

I have a rash or head lice



Body rash, with a fever or itching, or head lice

I have diarrhea



3 or more watery stools in 24 hours.

I have an eye infection



Thick mucus or pus draining from the eye.

I have a sore throat



With fever or swollen glands.

I'm just not feeling very good



Unusually tired, pale, lack of appetite, confused or cranky.

I have a fever



AND sore throat or rash, vomiting, diarrhea, earache, or just not feeling good.



When Your Child is Sick:

1. Have plans for back up child care.
2. Tell your caregiver what is wrong with your child, even if your child stays home.