

**Merced College Vocational Nursing Program  
Head-to-Toe Patient Assessment Tool**

Pt. Initials: \_\_\_\_\_

Room # \_\_\_\_\_

Vital signs time: _____	Temp: _____	Pulse: _____	Resp.: _____	BP: _____	O <sub>2</sub> sat: _____	Pain: _____
Vital signs time: _____	Temp: _____	Pulse: _____	Resp.: _____	BP: _____	O <sub>2</sub> sat: _____	Pain: _____

**NEUROLOGIC**

Level of Consciousness (LOC)  
Level of Orientation  
Sleep  
Pain

**Normal findings**

alert  
x 4  
good  
no

**Possible Abnormal findings**

lethargic obtunded stuporous comatose  
not to: person place time purpose  
poor nap x \_\_\_\_\_ reason: \_\_\_\_\_  
yes location: \_\_\_\_\_ scale (0-10/10): \_\_\_\_\_  
Time: \_\_\_\_\_ Intervention: \_\_\_\_\_

**HEENT**

Head: Shape  
Hair  
Eyebrows/lashes  
Eyes: Vision  
Pupils  
Sclera  
Ears: Hearing  
Nose: Nares  
Mouth: Lips  
Gums/mucous membranes

normocephalic  
clean/shiny  
present  
20/20  
both (OU) equal  
round  
reactive to light  
white  
good bilaterally  
patent bilaterally  
moist / supple  
moist / pink

asymmetrical  
dirty dull brittle alopecia bald  
sparse absent  
myopia (near) presbyopia (far) glasses blind R / L  
not equal: OD = \_\_\_\_\_ mm OS = \_\_\_\_\_ mm  
describe shape: \_\_\_\_\_  
non-reactive to light sluggish reaction to light  
red yellow thickened  
hard of hearing deaf hearing aids R / L  
blocked, R / L septal deviation, R / L  
dry cracked fissures bleeding  
dry pale coated bleeding white patches

**SKIN**

Skin: Color  
Temperature  
Turgor  
Appearance  
Wound: Location  
Dressing  
Appearance

normal for ethnicity  
warm / dry  
good  
clear / intact  
N/A  
dry / intact  
new granular growth

pale jaundiced cyanotic mottled  
hot cool cold moist diaphoretic  
poor (tenting)  
broken bruising: \_\_\_\_\_ rash: \_\_\_\_\_  
yes: \_\_\_\_\_  
not intact drainage color: \_\_\_\_\_ dsq. changed  
measurements: \_\_\_\_\_

**CARDIOVASCULAR**

Pulses: Radial  
Pedal  
Capillary Refill  
Edema  
Heart: Rhythm  
Strength  
Telemetry  
Intravenous Fluids:  
Site location/appearance

present/strong/equal  
present/strong/equal  
normal (<3sec)  
absent  
regular  
strong (bounding)  
no  
no / saline lock  
clear

\*absent weak unequal R / L  
\*absent weak unequal R / L  
delayed @ \_\_\_\_\_ seconds  
present @ \_\_\_\_\_ ( +1 / +2 / +3 / +4 )  
irregular regularly irregular (with breathing) chaotic  
weak (thready)  
yes Rhythm: \_\_\_\_\_  
yes: Solution: \_\_\_\_\_ Rate: \_\_\_\_\_ ml/hr.  
Location: \_\_\_\_\_ \*edema \*erythema

**RESPIRATORY**

Respirations  
Lung Sounds  
\*Adventitious sounds

Cough

Oxygen therapy

**Normal findings**

even/unlabored  
clear all lobes  
none

none

N/A

**Possible Abnormal findings**

irregular labored/dyspnea shortness of breath  
diminished (location): \_\_\_\_\_  
wheeze (location): \_\_\_\_\_ on insp. / exp.  
fine crackles (location): \_\_\_\_\_ on insp. / exp.  
coarse crackles (location): \_\_\_\_\_ on insp. / exp.  
dry (non-productive) hacking spasms  
wet (productive): sputum color & amt. \_\_\_\_\_  
O<sub>2</sub> @ \_\_\_\_\_ L/min. per NC mask tent

**GASTROINTESTINAL**

Abdomen: shape  
palpation

Bowel sounds

Bowel movement:  
description

Nasogastric tube:  
suction

round  
soft / non-tender  
active x 4 quads  
yes / normal  
soft / brown

N/A

N/A

scaphoid protuberant distended  
firm hard (board-like) tender @ \_\_\_\_\_  
hypo / hyper / \*absent @ RLQ / RUQ / LUQ / LLQ  
no LBM: \_\_\_\_\_  
hard / pellets / pencil-thin / liquid color: \_\_\_\_\_  
location: R / L nares patent \*non-patent  
low / medium / high continuous / intermittent  
Color of drainage: \_\_\_\_\_

**GENITOURINARY**

Urine color

Foley

clear / yellow

N/A

cloudy/sediment visible red / burgundy / brown  
c/o: burning frequency retention incontinence  
patent (draining) / \*non-patent condom cath

**MUSCULOSKELETAL**

Muscle tone

Muscle strength: Hand Grips  
Foot pushes

Range of Motion (ROM)

Gait:

Use of assistance devices

Treatment: Cast

Traction

CMS checks

Amputation

good

strong

strong

full

steady

none

N/A

N/A

N/A

none

poor (flaccid) paralyzed / contractures R / L  
weak R / L absent R / L  
weak R / L absent R / L  
limited (location): \_\_\_\_\_  
unsteady propelling ataxia  
cane quad cane walker wheelchair crutch  
location: \_\_\_\_\_ elevated? Yes / No  
location: \_\_\_\_\_ amt. of wt. \_\_\_\_\_  
good \*poor  
yes (location): \_\_\_\_\_

**PSYCHOSOCIAL**

Behavior

Mood

Restraints

Language spoken

Family

cooperative

pleasant

N/A

English

present

uncooperative confused other: \_\_\_\_\_  
withdrawn seclusive combative other: \_\_\_\_\_  
type: \_\_\_\_\_ R / L released every 2 hrs.  
Spanish Hmong other: \_\_\_\_\_  
not present estranged

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Initial

\_\_\_\_\_  
Date

\* Team Leader or Nursing Instructor notified of findings