

Pt. Initials: \_\_\_\_\_

Room # \_\_\_\_\_

Vital signs time: _____	Temp: _____	Pulse: _____	Resp.: _____	BP: _____	O <sub>2</sub> sat: _____	Pain: _____
Vital signs time: _____	Temp: _____	Pulse: _____	Resp.: _____	BP: _____	O <sub>2</sub> sat: _____	Pain: _____
Vital signs time: _____	Temp: _____	Pulse: _____	Resp.: _____	BP: _____	O <sub>2</sub> sat: _____	Pain: _____

**NEUROLOGIC**

Normal findings

Possible Abnormal findings

Level of Consciousness (LOC)	alert	lethargic obtunded stuporous comatose
Level of Orientation	x 4	not to: person place time purpose
Memory	intact	short-term loss long-term loss
Sleep	good	poor nap x _____ reason: _____
Pain	no	yes location: _____ scale (0-10/10): _____

**HEENT**

Head: Shape	normocephalic	asymmetrical
Hair/ Eyebrows/lashes	clean/shiny / present	dirty / dull / brittle / alopecia / bald / sparse / absent
Smile/frown, eyebrow raise (CN VII)	symmetrical	asymmetrical tics unilateral paralysis R / L
Eyes: Vision (CN II)	20/20	myopia (near) presbyopia (far) glasses blind R / L
Pupils (CN II, III)	PERRLA	not equal / sluggish / non-reactive / no accommodation
EOM's (CN III, IV, VI)	intact	nystagmus
Sclera/ Conjunctiva	white/ pink / moist	other: _____
Ears: Hearing (CN VIII)	good bilaterally	hard of hearing deaf hearing aids R / L
Nose: Sense of smell (CN I) / Nares	intact/patent bilaterally	absent blocked, R / L septal deviation, R / L
Sinuses (Frontal, Maxillary)	non-tender	tender + pressure site: _____
Mouth: Lips / smile (CN VII)	moist / supple	dry/ cracked/ fissures/ swollen/ bleeding/ <b>*cyanotic/ droop</b>
Tongue (CN XII)	moist / symmetrical	dry / coated / white patches / fasciculations / deviated R/ L
Gums/mucous membranes	moist/ pink	dry pale coated bleeding white patches
Dentition	good	poor loose cavities dentures: upper/lower
Temporal/masseter muscle (CN V)	strong bilaterally	weak absent bilateral unilateral: R / L side
Neck: Lymph nodes / shrug (CN XI)	non tender/ shrug strong	enlarged tender location: _____ weak shrug
Thyroid gland	non-palpable / smooth	enlarged asymmetrical nodule @ _____
Trachea	midline	deviated
Throat: Swallowing / Speech (CN IX, X)	smooth / clear	dysphagia hoarse aphasia

**CARDIOVASCULAR**

Pulses: Radial / Pedal	present/strong/equal	<b>*absent</b> weak unequal R / L
Femoral / Tibialis	present/strong/equal	<b>*absent</b> weak unequal R / L
Capillary Refill	normal (<3sec)	delayed @ _____ seconds
Edema	absent	present @ _____ (+1 / +2 / +3 / +4 )
Varicosities	None	Present location: _____
Heart: Apical Rhythm	regular	irregular regularly irregular (with breathing)
Strength (quality)	strong (bounding)	<b>*weak (thready)</b>
Normal heart sounds	S <sub>1</sub> S <sub>2</sub>	S <sub>3</sub> S <sub>4</sub> Murmur, grade ____ /VI
Pericardial friction rub	absent	present
Telemetry	no	yes Rhythm: _____
Intravenous Fluids:	no / saline lock	yes: Solution: _____ Rate: _____ ml/hr.
IV Site location/appearance	clear	Location: _____ <b>*edema *erythema *pain</b>

**RESPIRATORY**

Respirations (rhythm/depth)	even / regular	irregular deep shallow
Respiratory effort (quality)	unlabored	<b>*labored</b> dyspnea SOB retractions/accessory
Chest: Shape (AP diameter)	normal (AP<transverse)	asymmetrical barrel (AP=transverse) pigeon (sunk-in)
Expansion / Excursion	normal (3-5 cm) /	limited (<3cm) enlarged (>5cm)
Lung Sounds (anterior & posterior)	clear all lobes	diminished (location): _____
<b>*Adventitious sounds</b>	none	wheeze (location): _____ on insp. / exp.
Transmitted voice sounds	EE / 99 muffled	Fine / coarse crackles (location): _____ on insp. / exp.
Percussion	resonant	AY (E-to-A change = consolidation) / 99 is louder & clearer
Cough	none	hyper-resonant dull
Oxygen therapy	N/A	dry / wet: color of sputum _____ hacking spasms
		O <sub>2</sub> @ _____ L/min. per NC mask tent PRN

## GASTROINTESTINAL

Abdomen: shape  
          bowel sounds  
          palpation  
          percussion  
Liver: venous hum / bruit  
Appetite:  
Fluid Intake:  
Nasogastric tube:  
          suction  
Bowel movement:  
          description  
          ostomy

## GENITOURINARY

Urine: color & clarity  
          quantity  
      \* **complains of:**  
Bladder palpation  
Kidneys (CVA pain)  
Foley catheter / condom catheter  
Urostomy

## MUSCULOSKELETAL

Muscle tone  
Muscle strength: Hand Grips/Foot pushes  
Range of Motion (ROM)  
Joint palpation  
Spine: inspection  
          Palpation  
Gait  
Use of assistance devices  
Treatment: Cast / traction  
          CMS checks  
Amputation

## SKIN

Skin: Color  
          Temperature  
          Turgor  
          Appearance / Integrity

Fingernails & Toenails

Wound : Location  
          Dressing  
          Appearance

## Health Promotion

Breast self-exam findings  
Testicular self-exam findings

## PSYCHOSOCIAL

Behavior  
Mood  
Restraints  
Language spoken  
Family

## Normal findings

round / flat  
active x 4 / borborygmi  
soft / non-tender  
tympanic  
none  
good  
quantity sufficient  
N/A  
N/A  
yes / normal  
soft / brown  
N/A

yellow / clear  
sufficient (>60mL/hr.)  
N/A  
flat / non-tender  
none  
N/A  
N/A

good  
strong  
full  
flexible / not enlarged  
normal curvature  
non-tender  
steady  
none  
N/A  
N/A  
none

normal for ethnicity  
warm / dry  
good  
clear / intact

present / normal  
N/A  
dry / intact  
new granular growth

smooth / non-tender  
smooth / non-tender

cooperative  
pleasant  
N/A  
English  
present

## Possible Abnormal findings

scaphoid protuberant distended  
hypo / hyper / \***absent** @ RLQ / RUQ / LUQ / LLQ  
rigid tender @ RLQ / RUQ / LUQ / LLQ  
dull flat fluid wave ascites  
\* **yes** location: \_\_\_\_\_  
poor nausea emesis x \_\_\_\_\_ color: \_\_\_\_\_  
poor limited fluid restriction of \_\_\_\_\_ mL/hr.  
R / L nares patent / \***non-patent**  
Color & amount of drainage: \_\_\_\_\_  
no LBM: \_\_\_\_\_ flatus  
hard/pellets/pencil-thin/liquid/ incont. x \_\_\_\_\_ color: \_\_\_\_\_  
location / appearance: \_\_\_\_\_

dk. amber bloody cloudy sediment visible odiferous  
decreased \***<30mL/hr.** incontinent x \_\_\_\_\_  
burning frequency retention  
distended tender  
\***yes** R / L  
patent (draining) \***non-patent (not draining)**  
location R / L appearance: \_\_\_\_\_

poor (flaccid) paralyzed / contractures R / L  
weak R / L absent R / L  
limited (location): \_\_\_\_\_  
rigid crepitus enlarged deformed tender red swollen  
kyphosis lordosis scoliosis  
tender spasm sciatica pain  
unsteady propelling ataxia  
cane quad cane walker wheelchair crutch  
location: \_\_\_\_\_ elevated: Yes / No #wt. \_\_\_\_\_  
good \***poor**  
yes (location): \_\_\_\_\_

pale jaundiced \***cyanotic** mottled  
hot cool cold moist \***diaphoretic**  
poor (tenting)  
\***open lesion/s:** \_\_\_\_\_  
\***bruising:** \_\_\_\_\_ \***rash:** \_\_\_\_\_  
absent yellow thick brittle cyanotic R / L  
yes: \_\_\_\_\_  
not intact drainage color: \_\_\_\_\_ dsg.Δ  
measurements: \_\_\_\_\_

nodules tender dimpling puckering nipple dc.  
hard lump knot R / L

uncooperative confused other: \_\_\_\_\_  
withdrawn seclusive \***combative** other: \_\_\_\_\_  
type: \_\_\_\_\_ R / L released every 2 hrs.  
Spanish Hmong other: \_\_\_\_\_  
not present estranged

Signature

Initial

Date

\* **Team Leader or Nursing Instructor notified of findings**

Revised by J.Richards, NP 8/2020 ©